

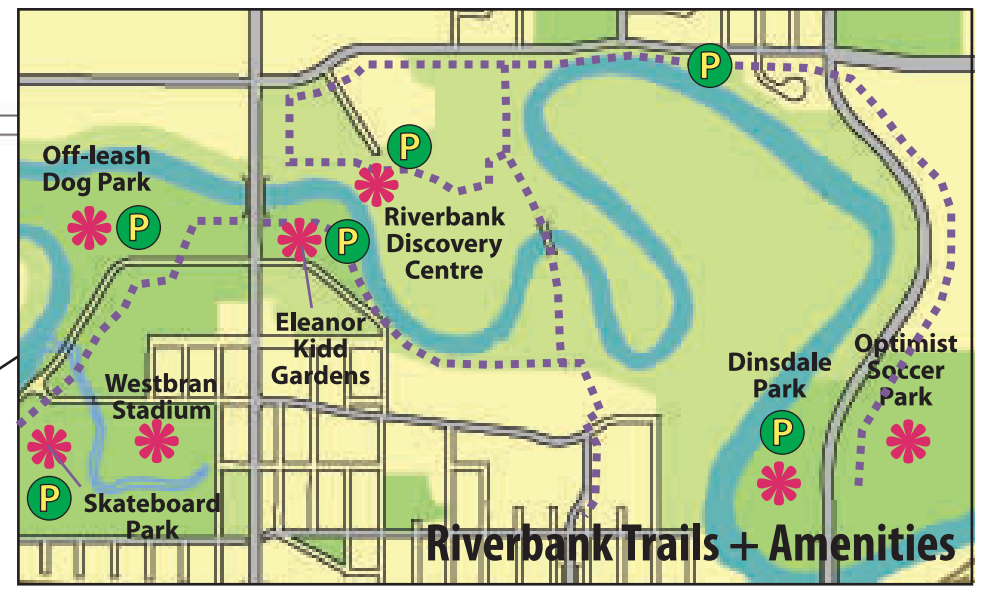
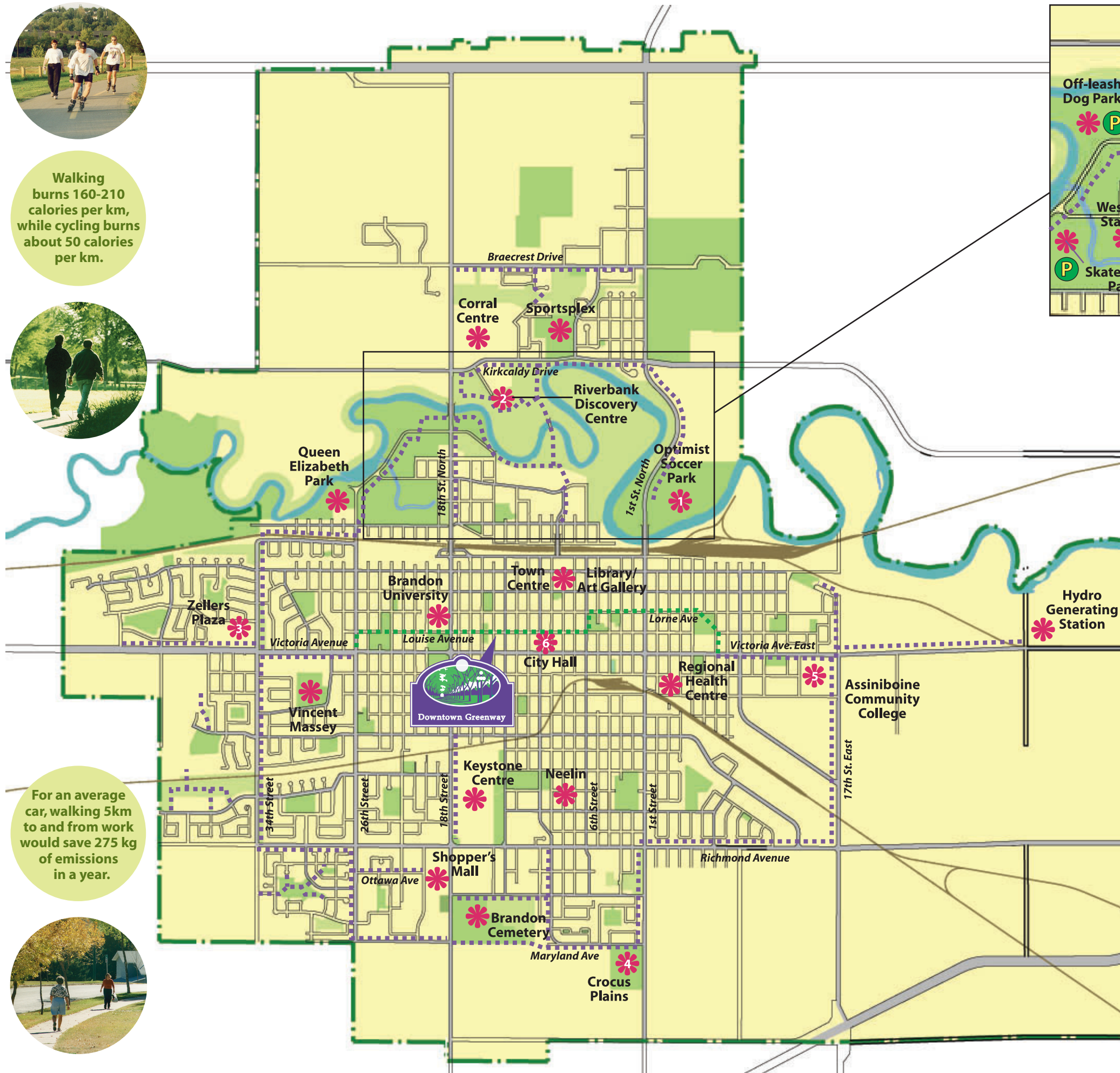
Brandon BIKES + TRAILS MAP
















Walking burns 160-210 calories per km, while cycling burns about 50 calories per km.









For an average car, walking 5km to and from work would save 275 kg of emissions in a year.




Trail Distances + Travel Times

Route	Distance	 30 min	 15 min
Optimist Park  to Riverbank 	3.0 km	30 min	15 min
Riverbank  to 34th+Vic 	5.2 km	50 min	20 min
34th+Vic  to City Hall 	2.6 km	25 min	10 min
34th+Vic  to Crocus Plains 	5.7 km	55 min	25 min
Crocus Plains  to ACC 	4.1 km	40 min	15 min
ACC  to City Hall 	3.0 km	30 min	15 min

Legend

-  Multi-use pathway
-  Designated on-street bicycle routes
-  Greenspace
-  Other openspace
-  Attractions
-  Parking

0 500m 1km 2km 

For more information, or to report a safety or maintenance problem, please call 729-2170.